

# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

**Menu Name:** Miller Park Breakfast

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Wednesday - 12/01/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	1	487	12.52	977	2	33.63	0.00	40	32.30	1.52	12.52	10	80.0	0.00	1.44
000959 Raisels	Each	1	177	0.00	6	34	0.00	0.00	0	40.95	2.21	1.11	0	22.1	0.00	0.40
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
990226 Jelly Portion Cup	Portion Cup	1	35	0.00	0	5	0.00	0.00	0	9.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1170	14.02	1372	124	36.13	0.00	60	165.25	3.73	37.63	1680	1252.1	56.40	1.84
% of Calories				10.78%		42.4%	27.8%	0.0%		56.5%		12.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Thursday - 12/02/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000948 Confetti Pancake Minis	Pouch	1	220	1.00	300	11	7.00	0.00	10	36.00	4.00	4.00	1000	40.0	0.00	3.60
000754 Fruit Cup-Canned/Frozen	1/2 cup	1	72	0.01	4	*11	0.08	0.00	0	18.60	1.32	0.46	479	6.6	7.17	0.41
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00
Weighted Daily Average			642	2.51	574	*83	9.58	0.00	30	115.60	5.32	20.46	2649	896.6	61.17	4.01
% of Calories				3.52%		*51.7%	13.4%	0.0%		72.0%		12.7%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Friday - 12/03/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001284 Chicken Breakfast Biscuit	each	1	300	5.00	650	2	14.00	0.00	20	31.00	1.00	12.00	10	80.0	42.00	2.16
000594 Apples, sliced, fresh	2 oz	1	18	0.00	0	5	0.06	0.00	0	4.82	0.84	0.09	25	2.5	1.52	0.05
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
000222 Ketchup packet	packet	1	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
990226 Jelly Portion Cup	Portion Cup	1	35	0.00	0	5	0.00	0.00	0	9.00	0.00	0.00	0	0.0	0.00	0.00
<b>Weighted Daily Average</b>			<b>833</b>	<b>6.50</b>	<b>1065</b>	<b>97</b>	<b>16.56</b>	<b>0.00</b>	<b>40</b>	<b>129.82</b>	<b>1.84</b>	<b>36.09</b>	<b>1715</b>	<b>1232.5</b>	<b>99.92</b>	<b>2.21</b>
% of Calories				7.02%		46.6%	17.9%	0.0%		62.3%		17.3%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

## Monday - 12/06/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990157 GoGurt/Cinnamon Toast Crunch Pouch	1	1	285	0.00	350	21	6.50	0.00	5	52.00	2.00	4.00	808	128.0	7.20	5.40
000005 Applesauce, Cup	each	1	45	0.00	0	10	0.00	0.00	0	12.44	0.89	0.00	36	0.0	0.00	0.00
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
Weighted Daily Average			800	1.50	740	114	9.00	0.00	25	147.44	2.89	28.00	2514	1278.0	63.60	5.40
% of Calories				1.69%		57.0%	10.1%	0.0%		73.7%		14.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

## Tuesday - 12/07/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	1	487	12.52	977	2	33.63	0.00	40	32.30	1.52	12.52	10	80.0	0.00	1.44
000594 Apples, sliced, fresh	2 oz	1	18	0.00	0	5	0.06	0.00	0	4.82	0.84	0.09	25	2.5	1.52	0.05
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
990226 Jelly Portion Cup	Portion Cup	1	35	0.00	0	5	0.00	0.00	0	9.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1011	14.02	1367	95	36.19	0.00	60	129.13	2.35	36.61	1705	1232.5	57.92	1.49
% of Calories				12.48%		37.6%	32.2%	0.0%		51.1%		14.5%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

### Wednesday - 12/08/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990171 Breakfast Bagel Pizza-Cheese	each	1	220	3.00	430	3	6.00	0.00	15	30.00	4.00	14.00	6	20.0	15.00	8.00
001252 Craisins	each	1	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	0	0.0	0.00	0.00
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
Weighted Daily Average			800	4.50	820	110	8.50	0.00	35	141.00	7.00	38.00	1676	1170.0	71.40	8.00
% of Calories				5.06%		55.0%	9.6%	0.0%		70.5%		19.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Thursday - 12/09/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990104 Cinnamon Toast Crunch Filled Bar	Each	1	250	3.00	280	14	8.00	0.00	5	40.00	2.00	6.00	100	20.0	0.00	1.44
000754 Fruit Cup-Canned/Frozen	1/2 cup	1	72	0.01	4	*11	0.08	0.00	0	18.60	1.32	0.46	479	6.6	7.17	0.41
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00

# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
Weighted Daily Average			792	4.51	674	*108	10.58	0.00	25	141.60	3.32	30.46	2249	1176.6	63.57	1.85
% of Calories				5.12%		*54.5%	12.0%	0.0%		71.5%		15.4%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

## Friday - 12/10/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001086 Cinnaminis	Each	1	240	1.50	270	14	6.99	0.00	0	39.95	3.00	4.00	0	30.0	0.00	1.44
000422 Grapes,Fresh	1/2 cup	1	33	0.00	5	7	0.00	0.00	0	8.40	0.36	0.00	37	7.3	0.44	0.00
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
Weighted Daily Average			743	3.00	665	104	9.49	0.00	20	131.35	3.36	28.00	1707	1187.3	56.84	1.44
% of Calories				3.63%		56.0%	11.5%	0.0%		70.7%		15.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Monday - 12/13/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000237 Choc Chocolate Chip Muffin	each	1	190	1.00	135	15	7.00	0.00	1	30.00	1.00	2.00	0	0.0	0.00	0.72
000005 Applesauce, Cup	each	1	45	0.00	0	10	0.00	0.00	0	12.44	0.89	0.00	36	0.0	0.00	0.00
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
Weighted Daily Average			705	2.50	525	108	9.50	0.00	21	125.44	1.89	26.00	1706	1150.0	56.40	0.72
% of Calories				3.19%		61.3%	12.1%	0.0%		71.2%		14.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Tuesday - 12/14/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008092 Long John	each	1	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
000085 Orange Smiles	1/2 EACH	1	40	0.00	0	7	0.00	0.00	0	9.50	1.50	0.50	50	30.0	39.00	0.00
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
Weighted Daily Average			831	9.82	759	102	20.38	*0.00	20	128.45	4.75	29.73	1872	1204.4	95.40	1.54
% of Calories				10.64%		49.1%	22.1%	*0.0%		61.8%		14.3%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Wednesday - 12/15/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	1	487	12.52	977	2	33.63	0.00	40	32.30	1.52	12.52	10	80.0	0.00	1.44
000959 Raisels	Each	1	177	0.00	6	34	0.00	0.00	0	40.95	2.21	1.11	0	22.1	0.00	0.40
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00



# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
990226 Jelly Portion Cup	Portion Cup	1	35	0.00	0	5	0.00	0.00	0	9.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1170	14.02	1372	124	36.13	0.00	60	165.25	3.73	37.63	1680	1252.1	56.40	1.84
% of Calories				10.78%		42.4%	27.8%	0.0%		56.5%		12.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Thursday - 12/16/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000948 Confetti Pancake Minis	Pouch	1	220	1.00	300	11	7.00	0.00	10	36.00	4.00	4.00	1000	40.0	0.00	3.60
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
Weighted Daily Average			690	2.50	690	94	9.50	0.00	30	119.00	4.00	28.00	2670	1190.0	56.40	3.60
% of Calories				3.26%		54.5%	12.4%	0.0%		69.0%		16.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Friday - 12/17/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001284 Chicken Breakfast Biscuit	each	1	300	5.00	650	2	14.00	0.00	20	31.00	1.00	12.00	10	80.0	42.00	2.16
000594 Apples, sliced, fresh	2 oz	1	18	0.00	0	5	0.06	0.00	0	4.82	0.84	0.09	25	2.5	1.52	0.05
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
000222 Ketchup packet	packet	1	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990226 Jelly Portion Cup	Portion Cup	1	35	0.00	0	5	0.00	0.00	0	9.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			833	6.50	1065	97	16.56	0.00	40	129.82	1.84	36.09	1715	1232.5	99.92	2.21
% of Calories				7.02%		46.6%	17.9%	0.0%		62.3%		17.3%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Monday - 12/20/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990157 GoGurt/Cinnamon Toast Crunch Pouch	1	1	285	0.00	350	21	6.50	0.00	5	52.00	2.00	4.00	808	128.0	7.20	5.40
000754 Fruit Cup-Canned/Frozen	1/2 cup	1	72	0.01	4	*11	0.08	0.00	0	18.60	1.32	0.46	479	6.6	7.17	0.41
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
Weighted Daily Average			827	1.51	744	*115	9.08	0.00	25	153.60	3.32	28.46	2957	1284.6	70.77	5.81
% of Calories				1.64%		*55.6%	9.9%	0.0%		74.3%		13.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Tuesday - 12/21/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Dec 1, 2021 thru Dec 21, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990102 Cereal Bar, Cinnamon Toast Crunch	Each	1	150	0.00	115	9	4.00	0.00	0	30.00	3.00	2.00	0	200.0	0.00	1.80
000005 Applesauce, Cup	each	1	45	0.00	0	10	0.00	0.00	0	12.44	0.89	0.00	36	0.0	0.00	0.00
000570 Juice, Apple, 4 oz	4 oz serving	1	60	0.00	10	14	0.00	0.00	0	16.00	0.00	0.00	70	0.0	4.80	0.00
000559 Juice, Orange, 4 oz	carton	1	60	0.00	0	14	0.00	0.00	0	15.00	0.00	0.00	100	250.0	48.00	0.00
000544 Milk, 1% White	half pint	1	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	1	130	0.00	140	22	0.00	0.00	5	19.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	1	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
Weighted Daily Average			665	1.50	505	102	6.50	0.00	20	125.44	3.89	26.00	1706	1350.0	56.40	1.80
% of Calories				2.03%		61.4%	8.8%	0.0%		75.5%		15.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	834	6	862	*105	16.25	*0.00	34	136.55	3.55	31.14	2013	1206	68.17	2.92
% of Calories		6.40%		*50.4%	17.5%	*0.0%		65.5%		14.9%				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**